



To Whom it may concern,

We wanted to inform you of an important change to our policy regarding counselling services at SOSAD. These changes do not affect you, our current clients however it will be implemented for new clients from May 19th 2025.

After careful consideration and discussion and to enable us to keep providing our services, we have decided to introduce a nominal fee of €15 per session for our counselling services. This fee will help us maintain the quality of our services and ensure that we can continue to support those in need of support and counselling.

We want to assure you that our priority remains supporting and helping you navigate your mental health challenges. If the new fee presents a financial burden, please do not hesitate to reach out to us. We are committed to ensuring that everyone has access to the help they need, regardless of their financial situation.

We appreciate your understanding and support as we implement this change. If you have any questions or concerns, please feel free to contact us:

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Email: carolmurphy@sosadireland.ie

Thank you,
Carol Murphy
General Manager.